



# The Momentum Centre



## Passionate. Committed. Professional.

*“The big benefit is that you get to see the participant work, so you know what you’re getting. There’s no unknown factor – that’s huge. It saved us an incredible amount of time and we gained an excellent employee.”*

— Sandi Dion, Charge Technologist, Diagnostic Services of Manitoba

### Cooperating Workplaces

Aboriginal People’s Television Network  
Assiniboine Credit Union  
Assembly of Manitoba Chiefs  
Computer Boulevard IT Inc.  
Canada Custom House  
Christie Group Inc.  
Community Education Development Association  
Cocoon Branding Inc.  
Cormer Aerospace  
D’Arcy Bain Physiotherapy  
Deer Lodge  
Dessert Sensations  
Diagnostic Services of Manitoba  
Fort Rouge Coop Daycare  
Eagle Vision Productions  
E.H. Price Ltd  
Ellice Café and Theatre  
E-Merging Frontiers Inc.  
Emerge Knowledge Inc.  
Frantic Films  
Health Sciences Physiotherapy Department  
Health Sciences Purchasing Department  
Imperial Steel Products Ltd.  
Indian and Northern Affairs  
Intelligent Hospital Systems  
Investors Group  
Lazer Grant LLP  
Liberty Tax Service  
Maazinate Press  
MacDonald Youth Services  
McCuaig Solutions  
Ma Mawi Wi Chi Itata Centre  
Manitoba E-Health  
Manitoba Human Rights Commission  
Manitoba Hydro  
Manitoba Government Air Services  
Manitoba Urban Housing Association  
Monteris Medical  
NCI FM - Native Communications Inc.  
Ndinawe Youth Resource Centre  
New Flyer Industries  
North End Community Renewal Corporation  
North End Women’s Centre  
Nova Physiotherapy and Sports Clinic  
Onashowewin Inc.  
Panda Bear Daycare  
Path Resource Centre  
Prairie HVAC  
Rossbrook House  
SEED Winnipeg  
StrongFront Productions  
Studio 7 Photography  
Velocity Design Works  
Web Wizards  
Winnipeg Aboriginal Sport Achievement Centre

# What are the benefits of hosting a work experience participant?



## The Momentum Centre

- Selects and employs participants, paying participant earnings and Worker's Compensation coverage through Service Canada
- Supports Cooperating Workplaces in integrating the participant into an inclusive work environment
- Delivers group-based Professional Development Seminars to participants
- Offers one-on-one coaching tailored to each participant resulting in effective, professional employees
- Has collaborated with over 50 Cooperating Workplace partners since 2004
- 92% of participants leave the program employed; 85% of participants graduate employed in their field

*"This program provided me with a valuable and practical work experience in my field. After completing this program I feel more skilled, empowered, and confident about working in Canada."*

— Dev Dabas, Foreign Currency Exchange Specialist, Former Participant

92% of participants leave the program employed



85% employed in their fields of interest

# Job Ready, Career Oriented Participants

(aged 18 to 30)

- Contribute to a Cooperating Workplace 3.5 days per week for up to 18 weeks
- Gain opportunities to receive mentorship and expand expertise
- Develop leadership and taking initiative skills in workplace communication, conflict resolution and creative problem solving during extensive Professional Development Seminars
- Work towards securing on-going employment in their field



## Cooperating Workplaces

- Gain additional staff, new energy, and the opportunity to train a potential employee for specific organizational needs without employee costs
- Challenge participants to apply and expand their competencies in a meaningful work experience
- Provide on-site orientation, supervision, a supportive work environment, and regular feedback to the participant
- The Cooperating Workplace enjoys the option to hire the participant at any time during the four month work experience

*“On a scale of one to ten, I would say it has been a twelve! Our experience has been very positive and the program has been a pleasure to work with. What set the program apart was the support given, the cultural training, and professional development training.”*

— Mandy Rogasky, Employment Specialist, Assiniboine Credit Union

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## What are the benefits of hosting a Momentum Centre participant for a work experience?

- Assess the participant's fit for your organization over a period of four months
- Train and develop participants to meet the specific needs of your organization at little to no cost
- Harness the attitude, skills, prior experience and expertise of participants to meet your organizational goals
- Welcome highly motivated and loyal employees to your team
- 92% of participants leave the program employed; 85% of participants graduate employed in their field

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